

Dr. Allen M. Manison

Columbia Advanced Chiropractic, LLC
Noetic Nutraceuticals, LLC
Sports Dry Needling, LLC

www.yourchiropractor.net, www.nnlifestyle.com, www.sportsdryneedling.org
8835 Columbia 100 Pkwy, Suite D Columbia, MD 21045 Phone: 410-964-3229

SUMMARY OF QUALIFICATIONS

- Licensed sports chiropractor and rehabilitation specialist in private practice with emphasis on sports-related injuries
- Instructor of chiropractic technique and chiropractic neurology
- Official Chiropractor Baltimore Marathon, 2002-2013
- Official Chiropractor Snow Valley Cycling Team, 2001-2004
- Official Chiropractor AVP/Pro Beach East/NVL Volleyball League Tournaments, 2005-2012
- Official Chiropractor Frederick Marathon, 2008-2012
- Official Chiropractor Baltimore 10-Miler, 2011-2013
- Medical Director, Corrigan Sports Enterprises, 2004-2015
- CrossFit Affiliate Challenge and East Coast Hopper Chiropractor, 2013
- Golf U.S. Open Wellness Team Chiropractor, 2013-2014
- Medical Director CrossFit Mid-Atlantic Affiliate Challenge (MAAC), 2014-2015
- Instructor/Teacher for Certified Chiropractic Extremity Practitioner (CCEP) program, 2016-Present
- Chief Science Officer for Noetic Nutraceuticals, LLC, 2017-Present
- Chief Medical Officer for CBDEE.com, 2019-2021
- Certified by State of Maryland Board of Chiropractic Examiners to teach 3 hours of Dry Needling re-certification, 2020-present
- Certified by State of Maryland Board of Chiropractic Examiners to teach 24 hours of Dry Needling, 2021-Present

EDUCATION AND AWARDS

- Jefferson University – Philadelphia, PA (online and on-location)
 - Currently enrolled in Master's degree in Cannabis Medicine, Science, and Business (2019-present), anticipated graduation August 2022
- Towson University – Towson, Maryland
Athletic Training Program, 2011-2013
 - Stopped program after 2 years due to family and work obligations
 - GPA 3.88
- Life University - Marietta, Georgia
Doctor of Chiropractic, cum laude - 1998
 - Selected as one of two students out of graduating class of 242 to receive the **Clinical Excellence Award** for obtaining more than 500 adjustments in outpatient clinic
 - **Senior Assistant Academic Scholarship (Half Tuition)**, 1997-1998
 - Motion Palpation Full Spine Club, Certified Member and Instructor, Secretary 1997-1998
 - Motion Palpation Extremities Club, Certified Member and Instructor, Secretary 1997-1998
- State University of New York (SUNY) at Binghamton - Binghamton, New York
Bachelor of Arts, Law and Society with a pre-medicine concentration and a Minor in Spanish - 1994

LICENSES

- Licensed Chiropractor with full Physical Therapy privileges, active status, State of Pennsylvania
- Licensed Chiropractor with full Physical Therapy privileges, active status, State of Maryland

CERTIFICATIONS

- Full Body Level 1 Recertification (ART), 2021
- U.S. Soccer Coaching Level D License, 2021
- Certified Selective Functional Movement Assessment Level 2 (SFMA), 2020
- U.S. Soccer Coaching Grassroots Certification, 2019
- Certified Health Coach, American Council on Exercise (ACE), 2019
- Certified Level 2 Advanced Principles Lower Extremity, Active Release Techniques (ART), 2018
- Certified Functional Movement Screen Level 2 (FMS), Functional Movement, 2017
- Certified Fitness Nutrition Specialist, American Council on Exercise (ACE), 2017
- Certified Functional Movement Screen Level 1 (FMS), Functional Movement, 2017
- Certified Level 2 Advanced Principles Spine, Active Release Techniques (ART), 2017
- Selective Functional Movement Assessment Level 2 (SFMA), Functional Movement, 2017
- Certified Selective Functional Movement Assessment Level 1 (SFMA), Functional Movement, 2016
- Certified Level 2 Advanced Principles Upper Extremity, Active Release Techniques (ART), 2016
- Certified Level 3 Medical Professional, Titleist Performance Institute (TPI), 2016
- Musculoskeletal Ultrasound Imaging of Upper Extremities with Dry Needling Technique, 2015
- Musculoskeletal Ultrasound Imaging of Lower Extremities with Dry Needling Technique, 2015
- Complex Protocols Certification, Active Release Techniques (ART), 2014
- Certified FMT 1 and FMT 2, RockTape, 2013
- Certified Dry Needling, DNI, LLC, 2013
- Certified Level 2 Medical Professional, Titleist Performance Institute (TPI), 2012
- Certified Golf Fitness Instructor, Titleist Performance Institute (TPI), 2012
- Active Palpation Techniques Certification with Selective Functional Movement Assessment (SFMA), Active Release Techniques (ART), 2012
- Long Tract Nerve Entrapment Completion, Active Release Techniques (ART), 2010, 2011
- Certified Performance Enhancement Specialist (PES), National Academy of Sports Medicine, 2010
- Certified Exercise Specialist (CES), National Academy of Sports Medicine, 2010 Masters Program Completion, Active Release Techniques (ART), 2009
- Certified Kinesio[®] Taping Professional (CKTP[®]), Kinesio[®] Taping Association, 2009
- Diplomate of the American Chiropractic Board of Sports Physicians[®] (DACBSP[®]), American Chiropractic Board of Sports Physicians[®], 2009
- Certified Strength and Conditioning Specialist[®] (CSCS[®]), National Strength and Conditioning Association, 2009
- KTI, KT2, KT3 completion Kinesio[®] Taping Association, 2009
- Re-certification Active Release Techniques (ART), 2008
- Certified Chiropractic Sports Practitioner (CCSP[®]), American Chiropractic Board of Sports Physicians[®], 2008
- Upper Extremity Certification, Active Release Techniques (ART), 2007
- Spine Certification, Active Release Techniques (ART), 2006
- Lower Extremity Certification, Active Release Techniques (ART), 2006
- Advanced Certification Graston Technique Soft Tissue Assessment and Treatment Protocol, Graston Technique, 2005
- Basic Certification Graston Technique Soft Tissue Assessment and Treatment Protocol, Graston Technique, 2004
- Advanced Certification Cervical Acceleration/Deceleration (CAD) Trauma, Spine Research Institute of San Diego, 2003
- Certification for Low Speed Rear Impact Crash Reconstruction, Spine Research Institute of San Diego, 2003
- Re-certified Cox flexion/distraction, National College of Chiropractic, 2003

- Certified Golf Rehabilitation Specialist, University of Bridgeport (Connecticut), College of Chiropractic, in conjunction with Backswing Dynamics, INC, 2000
- Certified Chiropractic Extremity Practitioner (C.C.E.P.), Council on Extremity Adjusting, 1998
- Certified in Applied Kinesiology, International College of Applied Kinesiology, 1998
- Certified in Cox flexion/distraction, National College of Chiropractic, 1997
- Certified in Advanced Chiropractic Adjunctive Physiotherapy, National College of Chiropractic, 1997
- Certified in Chiropractic Adjunctive Physiotherapy, New York Chiropractic College, 1995
- Certified Personal Trainer, American Council on Exercise, 1994-2002;2005 to present

EXPERIENCE

- **Instructor/Educator, Partner – TeachDN.com, Sportsdryneedling.org**
July 2020 - Present
Write classes and present for 27 total CEUs approved by the State of Maryland Board of Chiropractic Examiners on the topic of dry needling
- **Chief Medical Officer, CBDEE.com**
November 2019-June 2021
Educate, advise, review products, and otherwise help company aiming to be largest online retailer of CBD products.
- **Chief Science Officer, Noetic Nutraceuticals, LLC**
2017 - Present
Develop/formulate products for nutraceuticals company focusing on CBD. Take care of all aspects science-related for the company. Present on CBD-related topics nationally.
- **Instructor/Teacher – Certified Chiropractic Extremity Practitioner (CCEP) program**
2016 -- Present
Instruct nationally on advanced assessment and rehabilitation of extremity and sports injuries for high-level certification program in the chiropractic field
- **Instructor/Educator, Partner – Pro Form Instruction, LLC**
September 2006 - 2013
Write classes/teach to offer continuing education credits (CECs) to licensed fitness professionals (NSCA, ACE, AFAA, NASM, etc...) so they may learn advanced material and maintain their respective certifications. Work in the capacity of adjunct faculty for numerous national fitness education and licensing organizations. Hire trainers and instruct to work with elite athletes.
- **Associate Medical Director - Healthcare Strategies, INC.**
May 2006 - 2012
High level reviews of initial and previously reviewed medical claims in the fields of chiropractic, physical therapy, and other rehabilitative applications to determine proper practice protocol and medical necessity of care
- **Medical Claims Reviewer – Healthcare Strategies, INC.**
August 2000 – 2012
Review national chiropractic and related therapy medical claims to determine proper practice protocol and medical necessity of care
- **Private Practice/Owner of Columbia Advanced Chiropractic, LLC**
July 1999 – Present
Chiropractor treating patients with neuromusculoskeletal conditions and other health-related concerns, focus on sports injuries and rehabilitation
- **Associate Chiropractor - Private Practice (O'Connell Chiropractic Center) - Columbia, Maryland**
January 1999 – July 1999
Treated patients with neuromusculoskeletal conditions and other health-related concerns
- **Independent Contractor Chiropractor - Private Practice (Health First Chiropractic Center) - Marietta, Georgia**
March 1998 - November 1998
Treated patients with neuromusculoskeletal conditions and other health-related concerns as an independent contracting chiropractor
- **Senior Assistant - Life University - Marietta, Georgia**

1997 – 1998

- Selected as one of 12 out of 4000 students to supervise and educate students in a clinical setting about the proper application of chiropractic technique and proper diagnosis
- Assisted the clinic doctors in the day-to-day operations of the clinic
- **Head Personal Trainer - STEELBALLET, LLC - Marietta, Georgia**
- 1994-1998**
 - Trained clients in the proper usage of exercise equipment and assisted them in the achievement of training goals
 - Organized, managed, and instructed a staff of eight personal trainers

PUBLICATIONS

- Manison, AM., Using 4 Inch Big Daddy to Tape Lower Extremities. Capobianco, S, Dries, GVD. PowerTaping, 3rd Edition: Theories and Practical Application of Fascial Movement Taping, RockTape, Inc, 2012:61-71.
- Manison, AM. Successful Cox[®] Cervical Flexion-Distracton Technic for C6/C7 Left Posteromedial Disc Herniation with Left Foraminal Narrowing in 64-Year-Old Man. J Chiropr Med 2011;10(4): 316-321.

INVITED LECTURES (2019 and forward)

- CBD Expo Tour Midwest, Indianapolis, IN. March 15, 2019. Presentation Topic: How to Educate About CBD 101.
- Maryland Marine Club. Maryland. March 19, 2019. Presentation Topic: CBD, What It is, How It Works, and What You Need to Know About It.
- Change Space Fitness Center. Maryland. April 19, 2019. Presentation Topic: CBD 101: Your Questions Answered.
- CBD Expo Tour West, Seattle, WA. June 28, 29, 2019. Presentation Topic: How CBD Can Help with Fibromyalgia and Other Pain Diseases. Panel Topic: Fighting Addiction with CBD
- SAM Florida Podiatry Conference, Orlando, FL, January 17, 2020. Presentation Topic: CBD: What You Need To Know For Clinical Practice.
- MPMA Day of Science 2020, Maryland Podiatry Conference, March 7, 2020. Presentation Topic: CBD: What You Need To Know For Clinical Practice.
- Life Vision Extravaganza, September 29-October 3, 2021. Presentation: Botanicals, Their Musculoskeletal Effects, Sports Medicine Applications, and More.